






BENEFIT OPTIONS		ENROLLMENT	For Information and Guidance:
	Thrift Saving Plan (Retirement Savings & Investment Plan)	To make an election or change, visit or call: To change or stop contributions at any time: Enterprise Services (888) 316-2285 https://enterpriseservices.servicenowservices.com/es	To make investment allocations, access your account, view rates of return, etc. Thrift Savings Plan (877) 968-3778 https://www.tsp.gov/ OHCS.Retirements@noaa.gov
	Federal Employees Health Benefits	60 DAY ENROLLMENT Enterprise Services (888) 316-2285 https://enterpriseservices.servicenowservices.com/es	To view the FEHB Plan Comparison Tool on the OPM website go to https://www.opm.gov/healthcare-insurance/healthcare/plan-information/compare-plans/ OHCS.Retirements@noaa.gov
	Federal Employees' Group Life Insurance	60 DAY ENROLLMENT Enterprise Services (888) 316-2285 https://enterpriseservices.servicenowservices.com/es	To view the FEGLI information on the OPM website, go to: https://www.opm.gov/healthcare-insurance/life-insurance/ OHCS.Retirements@noaa.gov
	Flexible Spending Accounts (Pre-tax account for out-of-pocket health & dependent care expenses)	60 DAY ENROLLMENT FSAFEDS (877) 372-3337 https://www.fsafeds.com/	OHCS.Retirements@noaa.gov
	Federal Employees Dental and Vision Insurance Program (Supplemental Dental/Vision Insurance)	60 DAY ENROLLMENT BENEFEDS (877) 888-3337 https://www.benefeds.com/	OHCS.Retirements@noaa.gov
 <p>The Federal Long Term Care Insurance Program™</p>	Federal Long Term Care Insurance Program	60 DAY ENROLLMENT FLTCIP (800) 582-3337 https://www.ltcfeds.com/	OHCS.Retirements@noaa.gov