National Oceanic & Atmospheric Administration U.S. Department of Commerce

		U.S. Department of Commerce	
BENEFIT OPTIONS		ENROLLMENT	For Information and
		To make an election or change, visit or call:	Guidance:
**	Thrift Saving Plan	To change or stop contributions at any time:	To make investment allocations,
**	(Retirement Savings &		access your account, view rates of
*	Investment Plan)	Enterprise Services	return, etc.
*		(888) 316-2285	Thrift Savings Plan
*		https://enterpriseservices.servicenowservices.com/es	(877) 968-3778
SAVINGS			https://www.tsp.gov/
PLAN		OO DAY ENDOLLMENT	OHCS.Retirements@noaa.gov
	Federal Employees	60 DAY ENROLLMENT	To view the FEHB Plan Comparison
	Health Benefits	Enterprise Corvince	Tool on the OPM website go to https://www.opm.gov/healthcare-
- - - -		Enterprise Services (888) 316-2285	insurance/healthcare/plan-
		https://enterpriseservices.servicenowservices.com/es	information/compare-plans/
		Tittps://enterpriseservices.servicenowservices.com/es	OHCS.Retirements@noaa.gov
10	Federal Employees'	60 DAY ENROLLMENT	To view the FEGLI information on the
	Group Life Insurance		OPM website, go to:
		Enterprise Services	https://www.opm.gov/healthcare-
		(888) 316-2285	insurance/life-insurance/
		https://enterpriseservices.servicenowservices.com/es	OHCS.Retirements@noaa.gov
			Offico.retirements@floaa.gov
	Flexible Spending	60 DAY ENROLLMENT	
	Accounts		
	(Pre-tax account for out-	FSAFEDS	OHCS.Retirements@noaa.gov
FFDS 1	of-pocket health & dependent care	(877) 372-3337	Of 100.1 (clireffichis@fioda.gov
	expenses)	https://www.fsafeds.com/	
	Federal Employees		
	Dental and Vision	60 DAY ENROLLMENT	
	Insurance Program	DENECEDO	
IFEDVIP	(Supplemental	BENEFEDS	OHCS.Retirements@noaa.gov
	Dental/Vision	(877) 888-3337 https://www.benefeds.com/	
	Insurance)	III.ps.//www.perieleus.com/	
	Federal Long Term	60 DAY ENROLLMENT	
	Care Insurance		
The Federal Long Term	Program	FLTCIP	OHCS.Retirements@noaa.gov
Care Insurance Program™		(800) 582-3337	5.155.1 (5.115111516) Toda.90V
		https://www.ltcfeds.com/	